



## It's all in the taste

**FruitiVits** is a vitamin, mineral and trace element supplement which easily dissolves in water to make a great tasting, low volume, **orange flavour drink**. Suitable for children aged 3-10 years of age.

### How much **FruitiVits** should my child take?

Speak to your Dietitian/Doctor about how much **FruitiVits** your child should take. A typical intake is one 6g sachet per day.

Name: \_\_\_\_\_

Take \_\_\_\_\_ sachet **FruitiVits** per day.

Or \_\_\_\_\_ g **FruitiVits** per day.

**FruitiVits** can be made up with water or other permitted fluids.

**Fluids allowed**

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**Fluids not allowed**

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**See overleaf for ideas of how to make it up.**

Dietitian/Doctor name & contact details

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**A food for special medical purposes.**

For use in the dietary management of restricted therapeutic diets.

**Use under medical supervision.**

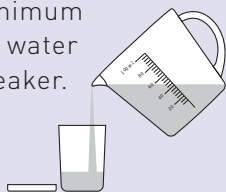
# How to take **FruitiVits**

## With water:

Simply add water for a great tasting, low volume orange flavour drink.

Dissolve each sachet of **FruitiVits** into a minimum of 60ml water.

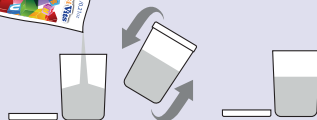
1. Pour a minimum of 60ml of water into the beaker.



2. Add the contents of the sachet. Secure lid and shake well for 10 seconds.



3. Drink immediately.



## With other drinks:

If you prefer, **FruitiVits** can be added to other **permitted** drinks, just replace the water with one of the following:

I like **FruitiVits** with:

- Fruit juices       Squashes       Milk       Flavoured still water  
 Carbonated drinks (*remember not to shake me!*)

**Check with your dietitian or doctor regarding which drinks are suitable for your child.**

## Storage

If your Dietitian/Doctor prescribes less than one sachet of **FruitiVits** per day, any unused powder in a sachet should be resealed with a clipper and used within 24 hours.

## Tube feeding:

If your child is fed via a feeding tube, **FruitiVits** can be administered using this method. Make up the **FruitiVits** as per preparation guidelines, and give as a bolus, immediately after preparation. Flush the tube with \_\_\_\_ ml of water before and after the administration of **FruitiVits**.

**Do not mix **FruitiVits** with your child's feed.**



Innovation in Nutrition

A Nestlé Health Science Company

Pack size: 30 x 6g e sachets.

**For more information please contact your Dietitian/Doctor.**

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[www.vitafloweb.com](http://www.vitafloweb.com)

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